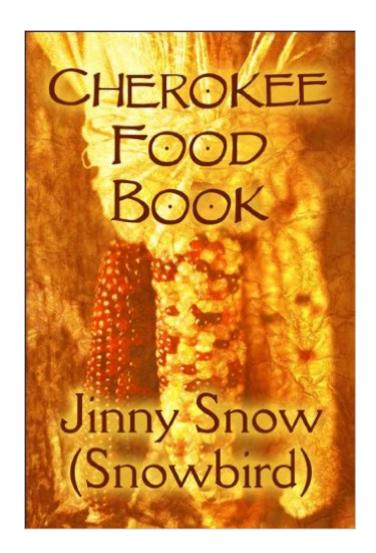
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Cherokee Food Book





Synopsis

The first thing I learned about food was that it was created by the Creator and meant to be shared. In this book you will find some of the old Cherokee recipes and some that have been adapted to the modern ways of cooking. Try to imagine yourself in an ancient Cherokee village where everything you see, smell and taste is pure and natural. It is the time of harvest. Corn and other vegetables are drying in the sun. Strips of meat are drying by the fire. Everyone is busy. Winter is coming. The aroma of food fills the air. You are hungry. Soon everyone is eating, laughing and talking. You have learned that food is not just for eating. Some of it will heal you when you have the "Important Thing" (Disease).

Book Information

Paperback: 73 pages Publisher: PublishAmerica (September 7, 2009) Language: English ISBN-10: 1615467645 ISBN-13: 978-1615467648 Product Dimensions: 6 x 0.2 x 9 inches Shipping Weight: 4.8 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #953,360 in Books (See Top 100 in Books) #43 in Books > Cookbooks, Food & Wine > Regional & International > Native American #3476 in Books > Textbooks

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